

SALEM STATE UNIVERSITY– ATHLETIC TRAINING SERVICES
Blood Care Policy- “Standard Precautions”

Standard Precautions:

Bloodborne Pathogens- Hepatitis B/ HIV/ AIDS

Infection control requires employees (ATC) and athletic training students’ to assume **ALL** human body fluids are infectious.

Large amounts of infected secretion coming in contact with an open wound or mucous membranes could possibly transmit disease.

Applies to: Blood, Body fluids, secretions and excretions EXCEPT sweat whether or not they contain visible blood.

Care of Athlete:

1. All personnel should be properly trained in First Aid and standard precautions
2. Supplies/Equipment needed for caregivers to treat injured/bleeding athletes:
 - a. gloves
 - b. masks
 - c. antimicrobial wipes
 - d. antiseptics (bleach, alcohol)
 - e. bandages and dressings
 - f. sharps container (needles, syringes)
 - g. biohazard bags (waste receptacle)
3. Pre-event preparation

Wounds that may bleed or dermatitis skin conditions that may spread should be covered appropriately and secure enough to remain in place throughout a competition or practice.
4. Active bleeding of participant:
 - a. bleeding must be stopped and covered. If requested by an official, an athlete maybe removed from event. If so, the athlete can only return to competition with the referee’s approval.
 - b. If a uniform is saturated with blood, it must be changed before return to participation
5. Managing an acute blood exposure must follow proper guidelines
 - a. gloves wore to prevent direct contact
 - b. gloves should be changed after each individual participant
 - c. hands should be washed with soap and water after removal of gloves
6. If fluids are transferred from one athlete to another, the event should be stopped and the skin cleaned with antimicrobial wipes and the athlete(s) should be instructed to wash the exposed area with soap and water as soon as possible.
7. Any used needles, syringes or scalpels should be disposed of in a labeled sharps container
8. Any bandages or other waste should be disposed of in labeled red biohazard container
9. Soiled uniforms should be placed in a separate bag and washed separately in hot water

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Care of Environmental surfaces:

1. Individuals responsible for cleaning and disinfection of blood spills should be properly trained.
2. Supplies should include:
 - a. gloves, mask, goggles (PPE- personal protective equipment)
 - b. absorbent paper towels or disposable cloths
 - c. Red biohazard bag (waste receptacle)
 - d. disinfection solution- (70 % alcohol or 1:100 bleach/water ratio; good for only 24 hours)
3. Procedure:
 - a. put on gloves
 - b. remove visible organic material by covering with paper towel
 - c. spray surface with proper chemical germicide (alcohol or bleach solution)
 - d. spray a second time with new disposable towels
 - e. place all soiled items in biohazard container
 - f. remove gloves, dispose and wash hands with germicide or soap and water

** IF blood has dried on hard surface (floor) and is difficult to remove, hydrogen peroxide can help to loosen material. Do Not use on clothing!

Incident Exposure:

If at any time, an individual is directly exposed to someone else’s blood, either through direct contact (body part to body part) or through an instrument (syringe- needle stick), the individual(s) needs to inform the Head Athletic Trainer immediately so that an exposure incident report can be filed. Athletic training students and athletes will be instructed to follow up with Health Services and their own primary care physician. If it is an employee (ATC or coach) they will be instructed to follow up with Human Resources (incident/injury report) and their own primary care physician. All information will be kept confidential at all times.

**** Updated Sept 2020 SGB**

**REPORT OF EXPOSURE TO HUMAN BLOOD OR OTHER POTENTIALLY
INFECTIOUS MATERIALS
Salem State University**

1. Wash the exposed area thoroughly. Use soap for skin; use only water for eyes, nose or mouth.
2. Notify Athletic Training Staff or supervisor IMMEDIATELY
3. Please complete the information below and return to the appropriate person.
4. If you have any questions, please ask the Head Athletic Trainer

Name: _____ Title/Position: _____

Home Address: _____ Phone #: _____

City: _____ State: _____ Zip: _____

On: _____ (date) at _____ (time) AM PM at _____ (location)

I received an exposure to _____ **blood** _____ **other potentially infectious body fluids (specify)**

This material came into contact with my:

_____ **right/ left/ both eyes,** _____ **nose** _____ **mouth** _____ **cut/scratch/punctured skin**

This exposure occurred while I was

_____ **wearing gloves** _____ **protective clothing** _____ **face protection** _____ **protective eye wear** _____ **nothing**

Immediately after the exposure I:

_____ **washed the exposed area thoroughly** _____ **reported exposure to supervisor**

I _____ **have** _____ **have not** been vaccinated against the hepatitis B virus

I _____ **have** _____ **have not** received training in Occupational Exposure to Blood Borne Pathogens

I _____ **can** _____ **cannot** identify the individual to whose blood or bodily fluid I was exposed

Name of Individual: _____ Phone #: _____

5. Upon completion of this form, sign, date and return to supervisor
6. Take a copy of this form to health services (student) or human resources (staff) as well as to your primary care physician.

All information listed and described above is true and accurate to the best of my knowledge

Signature of Exposed Individual: _____ Date: _____

Signature of Supervisor: _____ Date: _____

Signature of Health Service or Human Resource Representative: _____
Date: _____