# Salem State University Athletic Training Services

## **SSU Athletic Emergency Action Plans**

## General:

The purpose of the Emergency Action Plan (EAP) is to guide athletic personnel, emergency medical services and Campus Police in responding to emergency situations when they occur. It is important for the athletic department to have a developed emergency plan that identifies the role of each member of the emergency response team, emergency communication, proper equipment and specific protocol for each sporting venue.

# Emergency Personnel: Certified Athletic Trainers and Coaches

Certified athletic trainers (ATC's) provide leadership in the health care of the student-athlete including the emergency management of injuries/illnesses during intercollegiate athletic participation under the direction of the team physician. Head coaches are also required to be trained and maintain certification in basic first aid, CPR with AED and prevention of disease transmission (blood borne pathogens). These individuals' roles are to assist the ATC's in the event of a medical emergency.

# Immediate Care:

There shall be at least one trained individual at all practices, competitive events, conditioning and skills sessions. The minimal training is first aid, CPR and blood borne pathogens. Appropriate emergency first aid steps must be taken in accordance with the level of certification that each trained member of the emergency care team has. The certified athletic training staff should be informed as soon as possible of any injury that occurs as a result of participating in intercollegiate athletics at Salem State University

# Activation of EMS (via Campus Police)

One member of the emergency care team will be directed to utilize an emergency communication device to contact Campus Police who will then activate EMS.

- 1. stationary hard wired device- emergency yellow box (blue light) PUSH RED BUTTON
- 2. cellular phone: 978-542-6111
- 3. on campus land telephone X 6111
- Provide the following information:
- a. identify yourself and role in the emergency
- b. specific location
- c. name(s) and condition of individual(s)
- d. care being given

The individual making the call must be familiar with the communication devices and there location. If you are located at an off campus venue (i.e. golf, x-country), dial 911 (from a land line phone) or call the city of Salem Police 978-744-1212 (from a cell phone).

### Directing EMS to the Scene

Campus Police take on the primary role of activating the EMS system (ambulance) and then directing the local rescue squad to the emergency scene. However, a member of the emergency care team may go to the appropriate location to assist Campus Police in directing EMS to the exact scene.

# **Emergency Equipment**

Appropriate emergency equipment will be on site or readily available for retrieval from the designated area at each athletic venue for all practices and competitions. All assigned emergency care personnel should be aware of the location and function of all emergency equipment. Supplies include:

- · First aid supplies (medical bag) with breathing device (airway CPR shields)
- · Blood Bourne Pathogen Supplies (small spill kit bags with gloves, mask, alcohol solution etc)
- Vacuum Splints
- Crutches
- Spine board (with accessories)
- \* Automatic External Defibrillator (AED) (fully automated portable unit kept with emergency equipment)
- \* An AED is stationed in an alarmed cabinet: (Semi Automatic)
  - a) in the lobby of the O'Keefe Sports Complex outside Rm 220 (Across from the gymnasium entrance) and
  - b) Inside Rockett Ice Arena behind the ticket office on the wall

#### EAP in the event of Lighting

The following steps are modified from those recommended by the NCAA and the National Severe Storms Laboratory (NSSL) in the event of lightening or severe storm warning. A storm safety location (building) is also included in each EAP venue

- A member of the emergency care team (ATC) is designated to monitor threatening weather conditions and make the decision to remove a team or individuals from an athletic venue or event.
- Monitoring should include obtaining a weather report prior to practice or competition. Be aware of potential thunderstorms that may form. Be aware of "watches" and "warnings". "Watch" means conditions are favorable for severe weather to develop in an area; a "warning" means that severe weather has been reported in an area and for everyone to take proper precautions.
- 3. Be aware of how close lightning is occurring. Count the seconds using the flash-to-bang (flash of lightning-to clap of thunder) method. Count the seconds and divide by five, which gives you the distance, in miles, that the lightning strike occurred. By the time the flash-to bang count is 30 seconds, all individuals should have moved to safety. Ideally 30 minutes should pass following the last flash of lightning or clap of thunder before resuming athletic activity.

#### **Athletic Training Services**

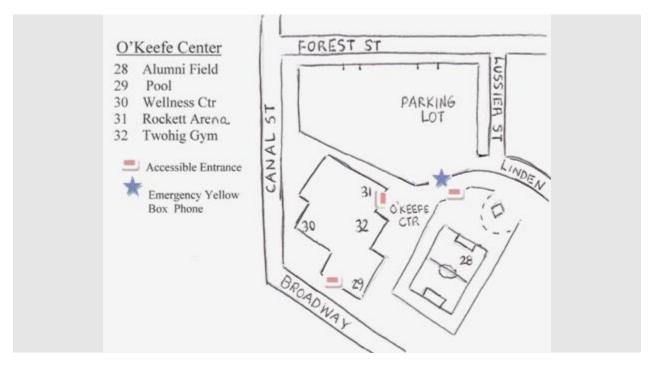
Emergency Action Plan: Alumni Field O'Keefe Center Venue (Men's Soccer, Women's Soccer, Field Hockey, Lacrosse, Softball)

*Emergency Personnel:* Certified Athletic Trainers, Athletic Training Students, Coaches *Emergency Phones:* EMERGENCY YELLOW BOX (blue light on top approx. 25 yds from field entrance)PUSH RED BUTTON:to be connected to Campus Police Cell phone- 978-542-6111

Venue Directions: Alumni field is located at the far end of the O'Keefe sports complex (closest to Lussier

St). Approach the field from the intersection of Canal St and Forest Ave (entrance into large parking lot). Ambulence entrance is at the large black gate at the end of the field (near ticket booth). Look for athletic staff personnel for assistance.

Map:



*Storm Safety Location:* In the event of severe weather, individuals should seek shelter inside Rockett Ice Arena or inside the O'Keefe Center building and await further instructions from Emergency personnel.

### **Athletic Training Services**

#### Emergency Action Plan: Gymnasium-O'Keefe Center Venue

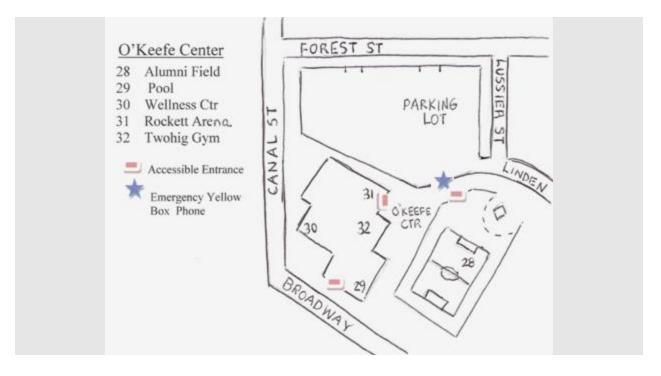
(Women's basketball, Men's Basketball, Volleyball)

*Emergency Personnel:* Certified Athletic Trainers, Athletic Training Students, Coaches *Emergency Phones:* 

- 1. EMERGENCY YELLOW BOX (outside multipurpose room 217-out gym, take right then left or (on wall next to snack bar-out gym take left look right)
- 2. On campus phone (inside athletic office-through glass door on right) X 6111
- 3. Cell Phone (978-542-6111)

**Venue Directions:** Twohig Gymnasium is located inside the O'Keefe Center on the second floor. Approach the building from the intersection of Canal Street and Broadway. Ambulance entrance is in the staff parking lot (Door #). Look for athletic Staff Personnel once inside for assistance.

Map:



# Athletic Training Services Emergency Action Plan: Rockett Ice Arena-O'Keefe Center Venue

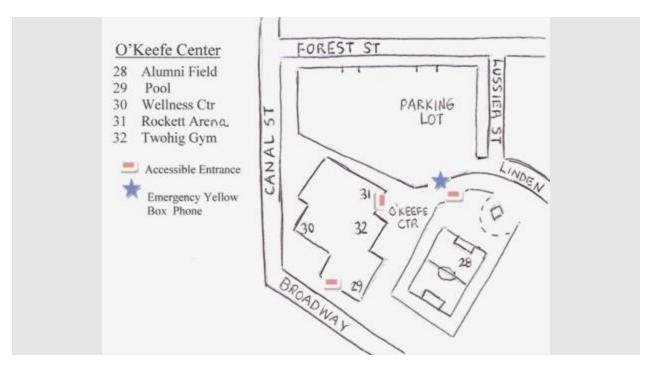
(Ice Hockey, Men's and Women's Tennis)

*Emergency Personnel:* Certified Athletic Trainers, Athletic Training Students, Coaches *Emergency Phones:* 

- 1. EMERGENCY YELLOW BOX (on wall near ticket booth-near the side doors)PUSH RED BUTTON:to be connected to campus police
- 2. On campus phone (inside the ticket booth) X 6111
- 3. Cell Phone (978-542-6111)

*Venue Directions:* Rockett Ice Arena is attached to the O'Keefe Center. Approach the building from the intersection of Canal Street and Forest Ave. Ambulence entrance is at the side doors near the main entrance of the building. Look for athletic personnel for assistance.

Map:



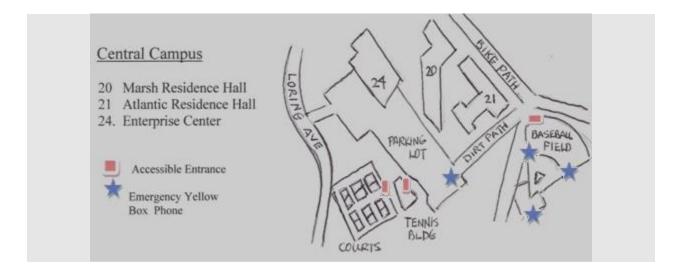
# Athletic Training Services Emergency Action Plan: Central Campus Venue (Baseball, Men's and Women's Tennis)

*Emergency Personnel:* Certified Athletic Trainers, Athletic Training Students, Coaches *Emergency Phones:* 

- 1. EMERGENCY YELLOW BOX (Far end of parking lot-near tennis building)or(On baseball field- poles near left and right field past the team dugouts) PUSH RED BUTTON:to be connected to campus police
- 2. On campus phone (inside press box) X 6111
- 3. Cell Phone (978-542-6111)

*Venue Directions:* The baseball field and tennis courts complexes are located at SSU central Campus. Approach the field/courts from Loring Ave (Rt. 1A). Ambulence can pull up in the parking lot next to the tennis courts. For baseball field access, the ambulence needs to drive up the grassy path (alongside the bikepath) to the top of the baseball field entrance (black fence). Look for athletic personnel for assistance.

# Map:



*Storm Safety Location:* In the event of severe weather, individuals should seek shelter inside the Press Box, Tennis Building, or inside the Atlantic Residence Hall and await further instructions from Emergency Personnel.